



# Evaluation Form

DO NOT FILL OUT! FOR GYM USE ONLY!  
TRYOUT #:  
\_\_\_\_\_

**REQUIRED**

**Attach Headshot**

Athlete Name: \_\_\_\_\_ Birth Year (YYYY): \_\_\_\_\_

Please list any day/time conflicts: \_\_\_\_\_

Please list your cheer experience below:

Please check off your HIGHEST level skills!

THIS SIDE IS FOR GYM USE ONLY!

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<b>Standing Tumbling</b>					
N/A	N/A	N/A	N/A	N/A	N/A
____ Forward Roll	____ Back Handspring	____ Connected Series Back Handsprings	____ Standing Tuck	____ Connected Jump Tuck	____ Connected Jump Tuck
____ Backwards Roll	____ Connected Back Walkover Back Handspring	____ Connected Jump to Single Back Handspring	____ Connected Standing Back Handspring or Series Back Handsprings Tuck	____ Connected Back Handspring Layout	____ Connected Back Handspring Full
____ Bridge Standing Push-Up	____ Connected Back Handspring Step Out Back Walkover Back Handspring	____ Connected Jump to Series Back Handsprings	____ Connected Jump Back Handspring or Series Back Handsprings Tuck	____ Connected Series Back Handsprings Layout	____ Connected Series Back Handsprings Full
____ Bridge Kickover		____ Connected Series Back Handsprings to Jump to Series Back Handsprings	____ Connected Back Walkover Tuck	____ Connected Series Back Handsprings Whip Tuck	____ Connected Series Back Handsprings Double or Whip/Full Double
____ Back Walkover			____ Connected Back Handspring Step Out Tuck	____ Connected Back Handspring Whip Series Back Handsprings Layout	____ Standing Full
____ Series Back Walkovers					
<b>Running Tumbling</b>					
N/A	N/A	N/A	N/A	N/A	N/A
____ Cartwheel	____ Connected Round-Off Back Handspring	____ Ariel	____ Connected Cartwheel Tuck	____ Round-Off Full or Round-Off Back Handspring Full	____ Round-Off Double or Round-Off Back Handspring Double
____ Round-Off	____ Connected Round-Off Series Back Handsprings	____ Punch-Front	____ Round-Off Layout or Round-Off Back Handspring Layout	____ Round-Off Arabian	____ Specialty Pass (i.e., Punch front, Front Handspring Punch Front, Whip, Arabian, 1 ½ through to double)
____ Cartwheel Back Walkover	____ Connected Cartwheel Back Handspring	____ Round-Off tuck or Round-Off Back Handspring Tuck	____ Specialty Pass (i.e., Punch front, Front Handspring Punch Front, Whip through to layout)	____ Specialty Pass (i.e., Punch front, Front Handspring Punch Front, Whip, Arabian (pause) through to full)	
____ Specialty Pass (i.e., Connected Front Walkover Back Walkover)	____ Specialty Pass (i.e., Connected Front Walkover or Fly Spring Round-Off)	____ Specialty Pass (i.e., Connected Front Walkover, Punch front (pause), or			

Standing Skill #1 Rating 1-5:

1   2   3   4   5

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Standing Skill #2 Rating 1-5:

1   2   3   4   5

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Running Skill #1 Rating 1-5:

1   2   3   4   5

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Running Skill #2 Rating 1-5:

1   2   3   4   5

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_